



# GET OUT OF #JAIL FREE CARD

*an* EBOOK *by* MARK WHITE

# No more GTD Tips & Tools

## *(Day 4, Thursday)*

When it comes to finding ways to organize your life, it can sometimes seem like you're making things twice as complicated as you meant to make them uncomplicated. Between to-do lists, devices, new programs and systems—organizing has become an obsession—and more devastatingly, it has become your jail.

It can feel as though you've given up everything, only to find yourself right back to where you were.

This will be the last to-do list in your life and the last book you will ever read about it. You are banned from visiting sites like Lifehacker, which are nothing but information drugs for people who are obsessed with organization.

As for the tools, realize that it's not about the tools. It's about you. There is no need to change your email client. Email has existed for 30 years now and it works great.

It's you that needs to change.

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